



HI AND SHELLY GATES MEMORIAL 5K FOR CAMPER SCHOLARSHIPS SEPTEMBER 3, 2022

- Check-in from 7:30am to 8:30am the day of the race. **Race starts at 9:00am.**
- Refreshments after race.
- Entry Fee is \$20.
- A t-shirt may be purchased for \$10. Order by August 13th to guarantee your size.
- You can collect pledges and fundraise for the Scholarship Fund. The registration fee is waived if a minimum of \$30 is raised.
- The course consists of paved roads, dirt roads, and trails. There will be snacks and refreshments available after the race.
- This can be done as a virtual event, participating wherever you want at your convenience! Whether it's around your own neighborhood or hit the trails or even on the treadmill. Simply complete the distance between now and September 3, 2022. Submit your results to amye@rlca.org. If you order a shirt, we will mail that to you after September 3rd.
- **You may register online at rlca.org.**

Mail-in registration Send this form and \$20 fee (\$30 if ordering a shirt) to:
Rock Lake Christian Assembly ~ 7389 E. Vestaburg Rd. ~ Vestaburg, MI 48891

If ordering a shirt, email amye@rlca.org by noon on 8/15 to guarantee size.

Name: _____ Email: _____

Address: _____ City: _____ State: ____ Zip: _____

Gender: M F Date of Birth _____ Phone #: _____

- \$20 enclosed
- \$30 includes t-shirt (please circle size) YS YM YL S M L XL XL XXL
- collecting pledges

I agree to assume all risks inherent in participation in the RLCA Scholarship 5k, whether they are apparent to me or not. I certify that I am in good physical health and fit to participate. I hereby waive and release, for myself and my heirs and assigns, any and all claims, causes of action or liabilities which may hereafter accrue against RLCA and its affiliates, their trustees, employees, volunteers, any and all sponsors, that may arise as a result of my participation.

Signature of Participant (or Parent if Participant is a minor)

Date